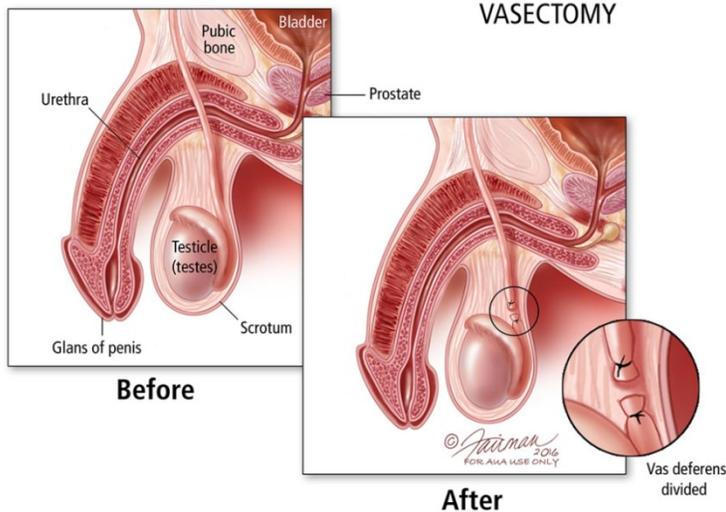


# Office Vasectomy

Timothy C. Davenport, MD

A vasectomy is a simple, safe procedure that makes a man sterile (unable to father a child). A vasectomy blocks sperm from reaching the semen. After a vasectomy, the testes still make sperm, but the sperm are absorbed by the body. Although a vasectomy can often be reversed, **you should consider vasectomy to be a permanent procedure.**

Dr. Davenport's vasectomy usually **takes about 15 minutes**, and most men heal fully in less than a week. Many men are able to return to work as early as two days after the procedure if their job does not require much exertion.



## Dr. Davenport's Vasectomy

Dr. Davenport performs a vasectomy under local anesthesia or sedation through **one single small incision** in the middle of the scrotum. Each vas deferens is located through the incision, and a small piece is removed after placing small surgical clips. Cautery is used to cut each vas deferens for another layer of protection. The small incision is **closed with dissolvable sutures**. You will bring a jock strap to your appointment, and you will need to wear it home.

## Before Your Vasectomy

- **DO NOT** take Aspirin, NSAIDs, Plavix, Coumadin, Eliquis, Xarelto, Pradaxa, or any other blood thinners prior to vasectomy.
- **Shower, clean, and shave** your scrotum well just before your appointment.
- Purchase a **jock strap** and assure that it fits snugly before your appointment.
- Please eat a light meal two-three hours before arrival.

## After Your Vasectomy

- You will get a prescription for **antibiotics and pain medicine**.
- You **will need a ride home**. Go immediately home and lie down.
- Stay in a lying down position (sofa or bed) all of that day and most of the next day. You may get up and move around some.
- Place an **ice pack on top of the jock strap**. Ice on and off for two days. Wear your jock strap for at least a week after vasectomy.
- **No heavy lifting, strenuous exercise, sex, swimming, or submersion in water for at least seven days.**

## Post Vasectomy Semen Testing

You will receive a specimen cup and instructions on how to submit a semen sample. This needs to be done **three months after the vasectomy**. You will need to ejaculate 15-20 times prior to giving this specimen. Have the specimen at the lab no more than 60 minutes after collecting. The semen specimen must be kept warm (in a pocket, close to your body, etc.). **You must use an alternate form of birth control until you receive a letter from Dr. Davenport stating that you are considered infertile.**

## What to Expect After Your Vasectomy

Minor **BLEEDING** from the incision.

**BRUISING** of penis, scrotum, or thighs for about a week.

Mild to moderate **PAIN** and **SWELLING** is expected. Take your prescribed pain medicine as needed. **Do not take Aspirin, NSAIDs, or other blood thinners in the first 72 hours after your vasectomy, or if you are still bleeding.**

**Your brown stitches will dissolve on their own.** You may cut them out with some sewing scissors on day seven if not out yet.

## Risks

- Bleeding or hematoma (blood collection) in scrotum
- Inflammation, swelling, or infection of scrotum
- Congestion (sperm buildup in testes) —may cause soreness
- Epididymitis or long-term soreness
- Sperm granuloma (painful lump in the scrotum)
- Failure to achieve sterility (extremely rare)
- Repeat operation (extremely rare)
- Injury or loss of testicle (extremely rare)

## Call Office or Seek Medical Attention If:

- Fever over 101.5 that does not come down with Tylenol
- Severe or increasing pain, swelling, or excessive bleeding

Office 731-422-0334

Nights/Weekends/Holidays 731-422-0330



2015  
TENNESSEE  
DOCTOR OF THE YEAR



Timothy C. Davenport, MD  
Department of Urology

