

# UROLIFT®

Prostatic Urethral Lift

Timothy C. Davenport, MD

## *What is an Enlarged Prostate?*

Enlarged prostate, or BPH, is a condition in which the prostate enlarges as men age. **Most men over 50 years old have BPH.** A large prostate can greatly affect a man's quality of life.



As the prostate enlarges, it presses on and blocks the urethra, causing bothersome urinary symptoms, including:

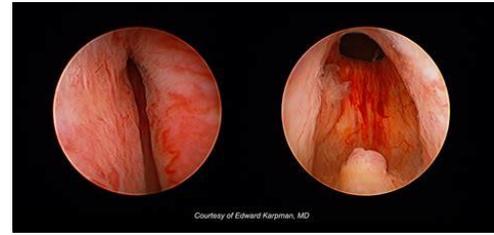
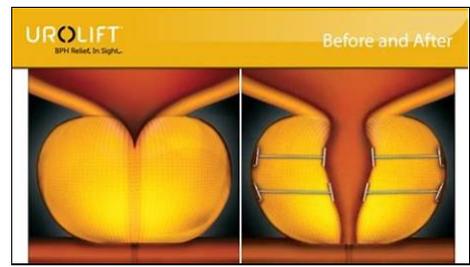
- Frequent need to urinate, both day and night
- Weak or slow urinary stream
- Feeling that you do not completely empty your bladder
- Difficulty or delay in starting urination
- Urgent feeling of needing to urinate
- Urinary stream that stops and starts

Most men treated for BPH symptoms take prescription medication, although these often don't provide adequate relief and may cause dizziness, fatigue, and sexual dysfunction.

A wide variety of treatments are available for men with BPH, including medication, minimally invasive therapies, and surgery. Dr. Davenport will consider several factors as you evaluate these choices together.

## *What is the UroLift® System*

**UroLift is a six-eight minute OUTPATIENT procedure** that offers rapid, lasting relief from BPH. UroLift lifts and holds the prostate tissue out of the way so it no longer blocks the urethra. Unlike medications, the UroLift System treatment addresses the blockage directly. **It is the only BPH procedure that does not require ongoing medication, cutting, heating, or removal of the prostate tissue.** Dr. Davenport uses light IV anesthesia, so you will be asleep for the procedure. **You will go home immediately after the procedure. UroLift is paid for by Medicare and private insurers.**



## *Advantages of UroLift*

- Does not cause new onset of sexual issues
- Minimally invasive
- Durable results
- **Return to normal activity in days, not months**
- Significant improvement in quality of life
- 80% of men go home without a catheter

## *Most Common Side Effects/Complications*

- Pain or burning with urination
  - Light blood in the urine or pelvic pain
  - Difficulty urinating temporarily
  - Urgent need to urinate or the inability to control the urge
- Most side effects resolve within four weeks after the procedure.**



**Dr. Timothy C. Davenport is a board-certified urologist specializing in BPH, urologic cancer, stones, female incontinence, and men's health issues. He was awarded 2015 Tennessee Doctor of the Year by the Men's Health Network and has received a 2020 National UroLift Center of Excellence Award given to physicians who have achieved a higher level of experience and demonstrated superior outcomes with UroLift.**



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