

For office use only:

Height _____ Weight _____ Temp _____ HR _____ RR _____ BP _____

Age _____ Last Menstrual Period _____ Primary Care Physician _____

Reason for Visit: Physical Problem Follow-up Referring Physician _____

If here for a physical, skip to section 2.

Section 1

- 1) Describe the problem, and how long you have had it. _____
- 2) If pain, describe the pain. _____
- 3) Location of the pain. _____
- 4) On a scale of 1-10, how bad is the pain? (1=None, 10=Most Severe) _____
- 5) Does the pain stay in one place or move to other places? _____
- 6) Do you take medication for the problem? Yes No If yes, what do you take? _____
- 7) What brings you relief? _____

Section 2

- Con Recent Fever Unexplained Weight Loss Unexplained Weight Gain Loss of Appetite _____
- GI Recent Nausea Diarrhea Pain Vomiting Constipation Bloating Dark Stools
 Blood in stools _____
- GU Recent Pain with Urination Urge to Urinate Frequent Urination Blood in Urine
 Flank Pain Loss of Control of Urine Frequent Urination in the night _____
- GY
 - 1) Are you experiencing any vaginal discharge? _____
 - 2) Are you still having periods? Yes No **If no, skip to #10**
 - 3) Are your periods regular? Yes No
 - 4) When was your last menstrual period? _____ was it normal? Yes No
 - 5) What is the average number of days from the start of one period to the start of another? _____
 - 6) How many days do your periods normally last? _____ Is your period: Heavy Moderate Light
 - 7) Do you experience cramps during your period? _____ Are the cramps: Mild Moderate Severe
 - 8) Do you take medicine for your cramps? Yes No
 - 9) Do you bleed between periods? Yes No
 - 10) Check the appropriate box. Hysterectomy Menopausal at what age? _____
 - 11) Are you on hormone treatment? Yes No If yes, what kind? _____
- Breast Breast Masses Discharge Skin Changes _____
- Skin Recent Rashes Bruising Change in Moles New Lesions _____
- Psy Recent Nervousness Depressed Mood Anxiety Menopausal Symptoms _____
- Resp Recent Cough Shortness of Breath Pain with Deep Breaths _____
- CV Recent Chest Pain Irregular Heartbeat Rapid or Slow Heartbeat Swelling in Legs
 Shortness of Breath while lying down _____
- Neur Recent Headaches Numbness Weakness Unexplained Tingling _____

• Past Medical History (Please check all that apply)

- | | | |
|---|--|---|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Psychiatric |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Seizure Disorder |
| Type? _____ | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Spastic Colon |
| <input type="checkbox"/> Chronic Lung Disease | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Stomach Problems |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Neurological Problems | <input type="checkbox"/> Thyroid Disease |

• Past Surgical History (Please check all that apply)

- Appendectomy
- Bladder Surgery
- Breast Biopsy
- Breast Removed
- C-section
- D & C
- Endometrial Ablation
- Gall Bladder
- Hernia Repair
- Hysterectomy (Abdominal) (Vaginal)
- Laparoscopy (reason) _____
- Ovary or ovaries removed (Both Right only Left only)
- Thyroidectomy (partial)
- Tonsillectomy
- Tubal Ligation
- Other _____

Family History (Please check all that apply)

	Father	Mother	Brother (s)	Sister (s)	Children
Breast Cancer					
Colon Cancer					
Ovarian Cancer					
Uterine Cancer					
Diabetes					
High Blood Pressure					
Heart Disease					
Osteoporosis					
Other					

Pregnancy History

Number of times pregnant _____
 Births _____ Miscarriage _____ Abortion _____ Living Children _____
 Vaginal Birth C-section Both

Pap Smear History

Date of last Pap Smear _____
 History of abnormal Pap smear? Yes No
 If yes, treatment _____ Date of treatment _____

Have you ever been treated for a sexually transmitted disease?

If yes: Gonorrhea Syphilis Herpes Chlamydia HIV Condyloma (warts)

Are you currently sexually active? Yes No

Are you experiencing any sexual problems? Yes No If yes, explain _____

Social History

Marital Status: Divorced Married Single Widowed

Current Method of Birth Control

- Birth Control Pills
- Condoms
- Depo Provera
- Does Not Apply
- None
- Nuva Ring
- Tubal Ligation
- Vasectomy
- Other (_____)

Do you work? In the home Outside the home If outside, where? _____

Tobacco use: No Yes If yes, how many packs per day? _____ For how many years _____

Alcohol use: No Yes If yes, how much? Minimal Moderate Heavy

Street drugs: No Yes If yes, when and what type? _____

Current Procedures Due:

Date of last mammogram _____

Date of last Dexascan for osteoporosis _____

Date of last colonoscopy _____

Date of last lipid profile _____